

Follow-up For Parents

5 Steps in Reconciliation for the “hand” drawing on the front

1. Knowing what you did was wrong - Examination of Conscience
2. Being sorry for what you did - Contrition
3. Saying sorry - Confession
4. Being forgiven - Absolution
5. Making up for it - Penance

Scenarios we may have talked about in class:

Reconciliation with one another

Sonia really likes skittles. After Halloween, Sonia goes through her sister Beth’s bag of candy and takes her last two bags of skittles and eats them. What has to happen first, in order for reconciliation to occur? 1. Sonia has to know what she did was wrong. 2. Sonia has to be sorry for it. 3. Sonia has to say she is sorry (and mean it!). 4. (Beth’s step) Beth has to forgive Sonia. 5. Sonia has to make up for it, like by giving Beth dibs at Sonia’s candy bag or doing her chores for a day.

Jackson cuts Macy’s hair in the middle of the night. What has to happen first, in order for reconciliation to occur? 1. Jackson has to know it was wrong. 2. Jackson has to be sorry for cutting her hair. 3. Jackson has to say he is sorry. 4. (Macy’s step) Macy has to forgive Jackson, and 5. Jackson would then make up for it – ex. Give her money to get her hair cut nicely.

Reconciliation in the Sacrament

You have hurt your mom by calling her names and disobeying her.

1. You know what you did was wrong through an Examination of Conscience and 2. are sorry for it (this usually happens during a communal prayer service; an example occurred during our opening prayer service).
3. You confess that you hurt your mom to the priest.
4. The priest offers forgiveness.
5. You do the penance that the priest tells you.

Directions for the actual sacrament of reconciliation:

When your turn comes, sit across from the priest.

The priest will greet you, you should say, “Bless me Father for I have sinned, I’m here to make my First Reconciliation”

Then make the sign of the cross.

Next tell your sins to the priest.

The priest will talk to you and give you a penance. Remember what that penance is.

The priest will then ask you to say the Act of Contrition.

Then the priest will say a special blessing of Absolution (that your sins are forgiven).

At the end of the blessing, you make the sign of the cross when the priest does.

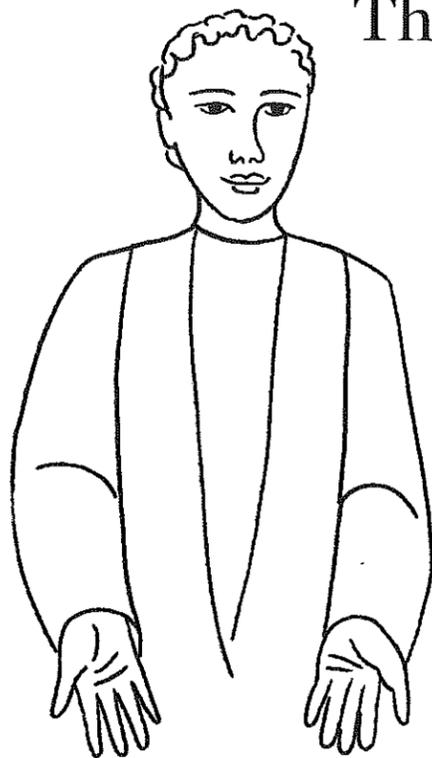
Return to the pews where you will say any prayers for your penance. Be sure to thank Jesus for the blessing of Reconciliation and for your family who has been with you for your sacrament.



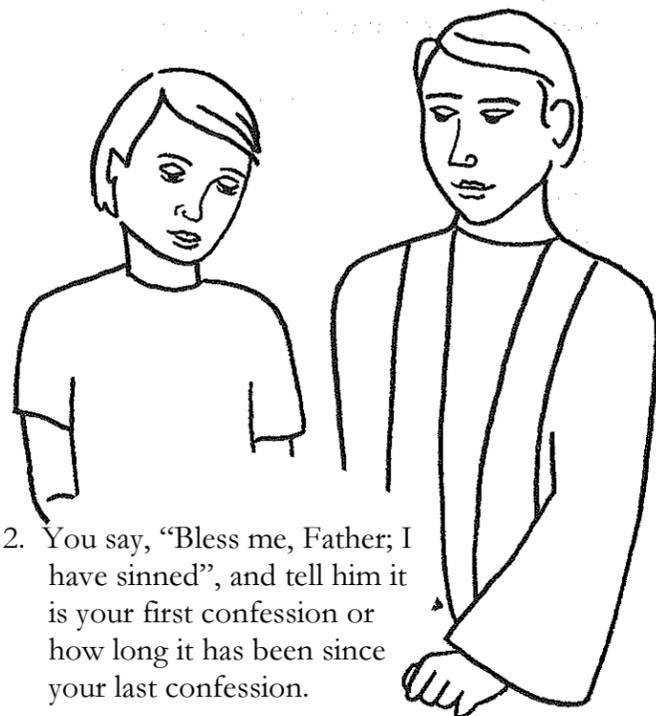
A “Handy” way to remember...

Trace your hand below. Write “Reconciliation” on the palm of the hand, then on each finger, write a step in the process of Reconciliation.

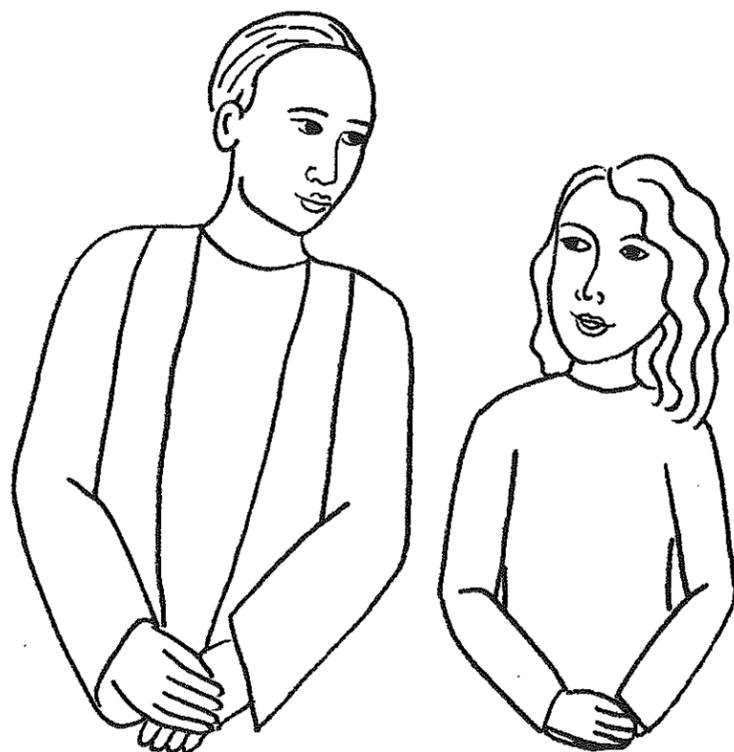
The Rite of Penance



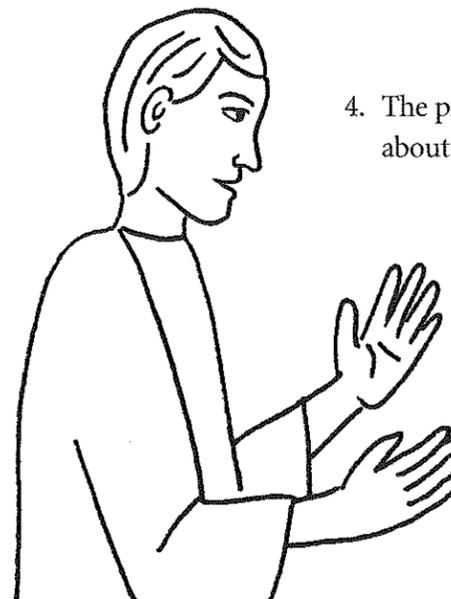
1. The priest welcomes you. You greet the priest and then you make the sign of the cross together.



2. You say, "Bless me, Father; I have sinned", and tell him it is your first confession or how long it has been since your last confession.



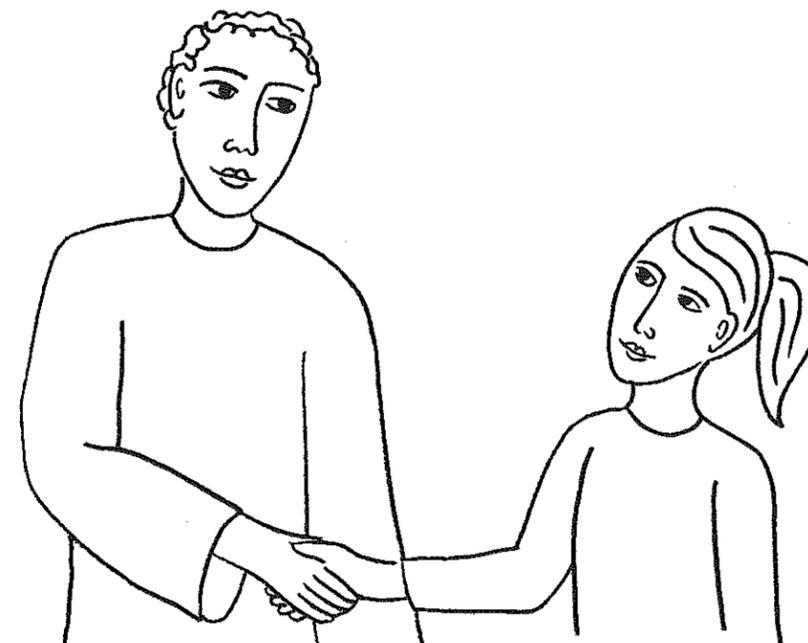
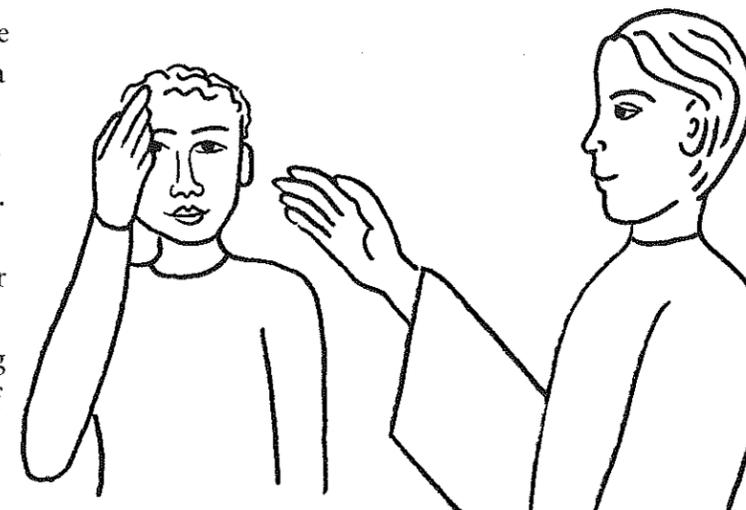
3. You confess your sins. You now open your heart to God as you tell your sins to the priest. He will never tell anyone what you have said to him. If you forget your sins, the priest will help you.



4. The priest encourages you to be a better person. He will talk to you about ways to make up for your sins. This is called a "penance."



5. The priest gives you absolution, the sign of God's forgiveness. You say a prayer of sorrow (Act of Contrition). Then you listen as the priest says the words of absolution. These words mean that God forgives you. Also, the unity with your sisters and brothers in the Church is strengthened or restored. During this time you can make the Sign of the Cross as well. At the end, answer, "Amen."



6. You and the priest give thanks to God. Together you say a prayer of thanksgiving. The priest gives you a sign of peace. You say "thank you" and then leave.

*Remember to do or say the penance the priest gives you!